

INSTRUCTIONS FOR FLEX SIGMOIDOSCOPY

Procedure Date: _____ Follow Up Visit: _____

*The facility will call you **2 business days** prior to your procedure with the arrival time*

FACILITY	ADDRESS	PHONE#
ORANGE CITY SURGERY CENTER	975 Town Center Dr, Orange City FL	386-456-5247
LAKE MARY SURGERY CENTER	460 ST Charles Court, Lake Mary FL	407-585-0263
FHC PLANS SURGERY CENTER	2777 Enterprise Rd, Orange City FL	386-481-6282
FL HOSPITAL FISH MEMORIAL	1055 Saxon Blvd, Orange City FL	386-917-5000
CENTRAL FLORIDA REGIONAL HOSPITAL	1401 West Seminole Blvd, Sanford FL	888-894-2106

Instructions:

- Five days before do not take any Aspirin, Advil, Aleve, Motrin, naprosyn, Celebrex, Trental, Relafen, all vitamins and herbal supplements. It is safe to take Tylenol as a pain reliever.
- Stop taking Coumadin and Plavix five days prior to procedure. Continue taking routine medications, including blood pressure and heart medications.
- If diabetic, do not take diabetic medications the night before and the morning of procedure.
- Nothing to eat or drink after midnight the day before procedure. You may take any necessary medications with a sip of water up to 3 hours prior to your procedure.

Day before procedure:

- Clear liquid diet
- At 6 p.m. do 2 bottles of Magnesium Citrate
- Morning of procedure do 1 Fleet Enema
- **You must have a friend or family member drive you to and from the facility. NO FORM OF TAXI SERVICE IS PERMITTED.**

Please allow a 5 business day notice for cancellation or there will be a \$200 charge.

Please call the office if you have any questions or concerns.

Please visit us on the web at ***GreaterOrlandoGI.com!***