

## InterStim Preparation

Procedure date: \_\_\_\_\_ Follow up: \_\_\_\_\_

*The facility will call you with the time 2 **business days** prior to your procedure date*

FACILITY	ADDRESS	PHONE#
ORANGE CITY SURGERY CENTER	975 Town Center Dr Orange City Fl	386-456-5247

### **What is InterStim ?**

Medtronic Bowel Control Therapy delivered by the InterStim system controls the symptoms of FI by gentl stimulating the sacral nerve. With this therapy, you may experience fewer episodes , fewer accidents, and more confidence as you get back to the activities you enjoy.

### **Preparation:**

- No solid food after midnight
- Clear liquids up to 3 hours prior to arrival time. ( includes gum and mints)
- 5 days prior to procedure: **DO NOT** take iron pills or medications that may cause bleeding. These medications may include: Plavix, Coumadin, & Aspirin. You **MUST** stop any anti-inflammatory type drugs including: Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, & Diclofenac.
- Dress comfortably
- **You must have a friend or family member drive you to and from the facility. NO FORM OF TAXI SERVICE IS PERMITTED.**

***Please allow a 5 business day notice for cancellation or there will be a \$200 charge***

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